

CURRICULUM VITAE

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Education:

1988	B.A. History	University of Rochester
1997	Ph.D. Clinical Psychology	University of Massachusetts Boston

Postdoctoral Training

1997-1999	Fellow, The Trauma Center & Boston University School of Medicine
2003-2006	Fellow, Behavioral Psychopharmacology Research Laboratory McLean Hospital & Harvard Medical School

Faculty Academic Appointments

1995-2000	Adjunct Instructor, Department of Psychology University of Massachusetts Boston
2001-	Adjunct Instructor, Department of Psychiatry Faculty of Medicine and Dentistry, University of Western Ontario
2006-2011	Instructor in Psychology, Department of Psychiatry, Harvard Medical School
2011-	Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

Appointments at Hospitals/Affiliated Institutions

Past

1992-1993	Half-time Predoctoral Psychology Intern, Counseling Center The New England Conservatory of Music, Boston, MA
1993-1994	Half-time Predoctoral Psychology Intern, Outpatient Psychiatry Department The Cambridge Hospital
1994-1995	Psychology Testing Fellow, Outpatient Psychiatry Department The Cambridge Hospital
1996-1997	Predoctoral Intern, University Health Services Mental Health Division University of Massachusetts Amherst
1997-1999	Fellow, The Trauma Center & HRI Hospital
1997-1999	Assistant Director of Research, The Trauma Center & HRI Hospital
2008-2010	Research Associate, Department of Psychiatry Massachusetts General Hospital
2010-2011	Research Associate, Department of Psychiatry, McLean Hospital

Current

2011-	Clinical Instructor, Outpatient Addictions Service, Cambridge Health Alliance
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Other Professional Positions

2007	Board of Directors	1in6, Inc.
2008-	Advisory Board	1in6, Inc.
2009-2010	Leadership Council	Transforming Trauma Initiative,

		Garrison Institute
2010-	Board of Directors	Stop It Now

Committee Services

National

2004	Member, Publications Review Committee	International Society for Traumatic Stress Studies
2005-2006	Member, Website Committee	International Society for Traumatic Stress Studies

Professional Societies

1991-2009	Member, American Psychological Association
1996-	Member, International Society for Traumatic Stress Studies
1997-	Member, National Organization on Male Sexual Victimization
1999-2009	Member, Society for Psychophysiological Research

Editorial Activities

2005-	Ad hoc reviewer	Journal of Traumatic Stress
2005-	Ad hoc reviewer	Psychological Bulletin
2007-	Ad hoc reviewer	Drug and Alcohol Dependence
2008-	Ad hoc reviewer	Biological Psychology
2008-	Ad hoc reviewer	Journal of Psychiatric Research

Honors and Prizes

1986	Donald Park's "Dexter Perkins Prize" in History,	University of Rochester
1994	"Book Award" for Excellence on the Comprehensive Exam	University of Massachusetts Boston
2004-2005	Livingston Fellowship	Department of Psychiatry, Harvard Medical School

Report of Invited Teaching and Presentations

Local

Undergraduate Courses, Department of Psychology, University of Massachusetts Boston

1994	Personality Theory, Course Director/Instructor
1995	Personality Theory, Course Director/Instructor
1995	Personality Theory, Course Director/Instructor
1995	Abnormal Psychology, Course Director/Instructor
1996	Personality Theory, Course Director/Instructor
1996	Personality Theory, Course Director/Instructor
1998	Psychological Trauma, Course Director/Instructor
1998	Psychological Trauma, Course Director/Instructor
1999	Psychological Trauma, Course Director/Instructor
2000	Psychological Trauma, Course Director/Instructor
2002	Psychological Trauma, Course Director/Instructor

Presentations

- 2000** Lecture, "The Biology of Trauma: Dysregulation of the Embodied Self," Core Seminar for the Certificate Program in Traumatic Stress Studies of The Trauma Center, Brookline, MA.
- 2000** Lecture, "Frameworks for Connecting the Biology of Trauma to Clinical Practice," opening presentation of a one-day public workshop, "Integrative and Eclectic Approaches to Psychological Trauma," Provincetown, MA.
- 2001** Lecture, "Clinical Implications of Traumatic Memory Research: Phenomenology, Symptoms, and Biology," Public Lecture Series, The Trauma Center, Brookline, MA.
- 2001** Lecture, "Posttraumatic Stress Disorder: Diagnosis, Clinical Phenomenology and Treatment," Pfizer-sponsored Clinician Education Series, Beth Israel Hospital, Brookline, MA.
- 2001** Lecture, "Psychological Trauma and Biology," New England Region Public Lecture Series, Ben Gurion University, Public Library, Newton, MA.
- 2002** Lecture, "A Perspective on the Brain and Trauma," Public Lecture Series, The Trauma Center, Brookline, MA.
- 2002** Lecture, "Clinical Implications of Psychophysiology and Neuroimaging and Findings in PTSD," Annual Conference on Psychological Trauma, Boston University School of Medicine, Boston, MA.
- 2003** Lecture, "The Biology of Trauma: Dysregulation of the Embodied Self," Postdoctoral Seminar Series, Victims of Violence Program, Central Hospital, Somerville, MA.
- 2004** Lecture, "Neurobiology of Trauma," Annual Conference on Psychological Trauma, Boston University School of Medicine, Boston, MA.
- 2004** Lecture, "The Biology of Trauma: Dysregulation of the Embodied Self," Postdoctoral Seminar Series, Victims of Violence Program, Central Hospital, Somerville, MA.
- 2005** Lecture, "Clinical Implications of Neuroscience Research for the Treatment of Traumatized Adults," Annual Conference on Psychological Trauma, Boston University School of Medicine, Boston, MA.
- 2005** Lecture, "Psychobiological Measures and Methodologies in Psychological Trauma Research," Postdoctoral Research Seminar Series, Victims of Violence Program, Central Hospital, Somerville, MA.
- 2006** Lecture, "Marijuana Intoxication and 'Cognitive Disinhibition' – An Integrative Model and Clinical Implications," Neurophysiology Seminar Series, Center for Sleep & Cognition, Beth Israel Deaconess Medical Center & Harvard Medical School, Boston, MA.
- 2006** One-day workshop, "Transforming Trauma with Mindfulness and Lovingkindness: Psychological Practices and Brain Processes," with Drs. Deborah Rozelle and Elizabeth Call, The Trauma Center & Boston University School of Medicine, Brookline, MA.

Regional

- 2005** Lecture, "Child Abuse-related PTSD, Self-Regulation Deficits and Substance Use in Women." Substance Abuse Seminar Series, Department of Psychiatry, Yale University School of Medicine, New Haven, Connecticut.
- 2008** One-day workshop, "Trauma and PTSD: Implications for Getting Accurate Victim Testimony." Annual Sexual Assault Investigative Training for law enforcement

officers and prosecutors in the Upper Connecticut River Valley of New Hampshire and Vermont, co-hosted by WISE and the Lebanon Police Department, Lebanon, New Hampshire.

2008 Lecture, "Successes and Innovations in Treating Trauma: EMDR and Mindfulness." For mental health professionals in the Upper Connecticut River Valley of New Hampshire and Vermont, hosted by WISE, Lebanon, New Hampshire.

2009 Lecture, "The Marijuana High and How It Works: Cognitive and Brain Processes," Neurobiology Lecture Series, Worcester State College, Worcester, Massachusetts.

2009 Lecture and case conference, "Trauma and Affect Regulation: The Embodied Self, Aversion and Reward," Training Seminar, University Health Services mental Health Division, University of Massachusetts Amherst.

National

2004 Two-day workshop, "Child Abuse and Problems with Self-Regulation: Research and Treatment." Department of Counseling, Idaho State University, Pocatello, Idaho.

2006 Plenary, "Male Sexual Assault Victims: Special Issues." Sexual Assault Response Coordinator Conference, United States Department of Defense Sexual Assault Prevention and Response Office, St. Louis, Missouri.

2006 Plenary, Dr. Frank Giesber Lecture, "From Posttraumatic Aversion and Addiction to Healing and Love: Brain Processes and Disciplined Practices to Recondition Them." Annual Krost Symposium, Texas Lutheran University, Seguin, Texas.

2008 Lecture, "The Neurobiology of Trauma," Michigan Victims Assistance Academy, United States Office for Victims of Crime Training and Technical Assistance Center, Ann Arbor, Michigan.

2009 Plenary, "Male Victims of Sexual Assault: Emotion, Masculinity, and Values." 2nd Annual United States Army Sexual Harassment/Assault Prevention Summit, Arlington, Virginia.

2009 Panel presentation, "Outcome: Neurobiological Perspectives." Neurobiology panel of the Transforming Trauma Leaders Forum, Garrison Institute, Garrison, New York.

2010 Workshop (90 minutes), "Discovering Evidence of Trauma / Interviewing for Complex Trauma," Capital Case Defense Seminar, sponsored by California Attorneys for Criminal Justice and California Public Defenders Association, Monterey, California

2011 Plenary, "Psychological and Biological Effects of Sexual Assault." 4th Annual United States Army Sexual Harassment/Assault Prevention and Response (SHARP) Summit, Arlington, Virginia.

International

2007 Plenary, "Ecological Momentary Assessment in Substance Abuse Research." NIDA International Forum, Technological Innovations to Build International Research Capacity, Quebec City, Canada.

2008 Lecture, "Reconditioning Traumatized Minds and Brains: Parallels Between Neuroscience and Buddhism." Bi-annual conference in "Brain, Mind and Body: Trauma, Neurobiology, and the Healing Relationship," School of Medicine and Dentistry, University of Western Ontario, London, Ontario.

Report of Clinical Activities

Current Licensure

2000- Clinical Psychologist, Massachusetts License 7763-PR

Practice Activities

Psychotherapy Arlington, Massachusetts
I have a small consulting practice focused on helping people identify treatment options for complex posttraumatic effects of child abuse.

Forensic Activities

Expert Witness Since 2003 I have conducted psychological and psychosocial history assessments on people accused and convicted of crimes. I have focused on evidence of trauma-related mitigation, especially sexual and physical abuse, to be considered during sentencing at trial and upon appeal.

Report of Scholarship

Peer Reviewed Publications

1. Lisak D, **Hopper J**, Song P. Factors in the cycle of violence: Gender rigidity and emotional constriction. *J Trauma Stress* 1996;9:721-743.
2. Lisak D, Conklin A, **Hopper J**, Miller P, Altschuler L, Smith B. The Abuse-Perpetration Inventory: Development of an assessment instrument for research on the cycle of violence. *Family Viol Sexual Assault Bull* 2000;16:21-30.
3. **Hopper JW**, van der Kolk BA. Retrieving, assessing, and classifying traumatic memories. *J Aggression, Maltreatment, Trauma* 2001;4:33-71.
4. Osterman JE, **Hopper J**, Heran WJ, Keane TM, van der Kolk BA. Awareness under anesthesia and the development of posttraumatic stress disorder. *Gen Hosp Psychiatry* 2001;4:198-204.
5. van der Kolk BA, **Hopper JW**, Osterman JE. Exploring the nature of traumatic memory. *J Aggression, Maltreatment, Trauma* 2001;4:9-31.
6. Lanius RA, Williamson PC, **Hopper JW**, Boksman K, Densmore M, Gupta MA, Neufeld RWJ, Gati JS, Menon R. Recall of emotional states in posttraumatic stress disorder: An fMRI investigation. *Biol Psychiatry* 2003;53:204-210.
7. Lanius RA, **Hopper JW**, Menon RS. Individual differences in a husband and wife who developed PTSD after a motor vehicle accident: A functional MRI case study. *Am J Psychiat* 2003;160:667-669.
8. Sack M, **Hopper JW**, Lamprecht F. Low respiratory sinus arrhythmia and prolonged psychophysiological arousal in PTSD: Heart rate dynamics and individual differences in arousal regulation. *Biol Psychiatry* 2004;55:284-290.
9. **Hopper JW**, Karlsgodt KH, Adler CM, Macklin EA, Lukas SE, Elman I. Effects of acute cortisol and cocaine administration on attention, recall and recognition task performance in individuals with cocaine dependence. *Hum Psychopharmacol* 2004;19:1-6.
10. **Hopper JW**, Spinazzola J, Simpson WB, van der Kolk BA. Preliminary evidence for parasympathetic influence on basal heart rate in posttraumatic stress disorder. *J Psychosom Res* 2006;60:83-90.

11. **Hopper JW**, Su Z, Looby AR, Ryan ET, Penetar DM, Palmer CM, Lukas SE. Incidence and patterns of polydrug use and craving for ecstasy in regular ecstasy users: An ecological momentary assessment study. *Drug Alcohol Depend* 2006;85:221-235.
12. van der Kolk BA, Spinazzola J, Blaustein M, **Hopper J**, Hopper E, Korn D, Simpson W. A randomized clinical trial of EMDR, fluoxetine and pill placebo in the treatment of PTSD: Treatment effects and long-term maintenance. *J Clin Psychiatry* 2007;68:37-46.
13. **Hopper JW**, Frewen PA, Sack M, Lanius RA, van der Kolk BA. The Responses to Script-Driven Imagery Scale (RSDI): Assessment of state posttraumatic symptoms for psychobiological and treatment research. *J Psychopathol Behav Assess* 2007;20:249-268.
14. **Hopper JW**, Frewen PA, van der Kolk BA, Lanius RA. Neural correlates of reexperiencing, avoidance, and dissociation in PTSD: Symptom dimensions and emotion dysregulation in responses to script-driven trauma imagery. *J Trauma Stress* 2007;22:713-725.
15. Frewen PA, Lanius RA, Dozois DJA, Neufeld RWJ, Pain C, **Hopper JW**, Densmore M, Steven TK. Clinical and neural correlates of alexithymia in PTSD. *J Abnorm Psychol* 2008;117:171-181.
16. **Hopper JW**, Pitman RK, Zhaohui S, Heyman GM, Lasko NB, Macklin LM, Orr SP, Lukas SE, Elman IE. Probing reward function in posttraumatic stress disorder: Expectancy and satisfaction with monetary gains and losses. *J Psychiatr Res* 2008;42:802-807.